

## Moulage Injuries

### Laceration

- Match skin color to schkin
- Smooth schkin on surface with popsicle stick and cold cream
- Add very small amount of red makeup around the schkin
- Open the wound with a blunt edge tool, making it jagged and irregular
- The wound can be a simple laceration or be peeled back in places to show an avulsion
- Apply some coagulated blood inside of the wound, occasionally pulling it down for the natural flow of gravity
- Small, rolled up cotton balls can be applied to represent clots
- Thin and thick blood can be applied at the end, where needed
- Head injuries may be accompanied by "vomit"

***Coach the patient to react with pain specific to the area.***

### Bruising

- Apply red, green, purple, blue and yellow makeup on any area of skin
- Put dabs of bruise powder over.

***Coach the patient to react with pain specific to the area.***

### Road Rash

- Apply red makeup to the area
- Use a stipple brush and/or blunt edge tool dipped in coagulated blood and run down the area in several places continuing in the same direction each time
- Any available cracked asphalt and dirt can be added to the injury site

***Coach the patient to react with pain specific to the area.***

### Burns/Blisters

- Apply red makeup to a large area (stop here for superficial burns only)
- Mix about 2 tsps original Metamucil with 2 tsps warm water and stir to an applesauce-like consistency
- This mixture has to be applied quickly before it sets up
- Apply it to the affected area in a thin paste
- Let it set for 2 – 3 minutes to thicken to a gelatinous state
- Use a thin, blunt object to pull the mixture away from the skin in several places
- Use black, brown and red makeup to show charred portions
- Using a thin, blunt tool, raise the mixture away from the skin while placing a dull, pointy syringe under it and apply "pockets" of petroleum jelly in several places
- Apply very small amounts of coagulated blood in some of the "open" wounds
- Add another degree of layering with bruise powder, burn powder and charcoal

***Coach the patient to react with pain specific to the area.***

### Inhalation Burn

- Blacken face with minimal makeup
- Apply charcoal and/or burn powder to nose, mouth and eyes

***Coach the patient to react with shortness of breath, gasping for air via the mouth, sit in a tripod position, unable to speak.***

### Eye

- Place eye pad/patch over eye area
- Match skin color to schkin
- Smooth schkin on surface with popsicle stick and cold cream to conceal the patch
- If you are going to be using a protruding eye, place it in the schkin before continuing

- Apply thick coagulated blood where the socket should be, pulling it down the eye or across the face for the natural flow of gravity
- Thin and thick blood can be applied where needed

***Coach the patient to react with pain specific to the area, duress, and shock.***

### **Sprains**

- Apply red makeup, blending blue and green to show bruising

***Coach the patient to react with pain specific to the area and guarding.***

### **Bites/Stings**

- Apply red makeup, to small, rounded area
- Using a Q-tip, dab brown and black makeup to show small penetration

***Coach the patient to react with pain specific to the area, and possible allergic reaction (shortness of breath, and throat feels like it is closing up, few words).***

### **Cardiac**

- Pale their face and hands with white and/or gray makeup
- Apply light blue to lips, fingertips, and ears
- Spray glycerin on face and hands to show clammy

***Coach the patient to react with pain specific to chest, left shoulder, headaches, shortness of breath, possible nausea and vomiting, pale, cool and clammy.***

### **Impale**

- Match skin to schkin
- Smooth schkin on surface with Popsicle stick and cold cream
- Place object to be impaled in schkin, making sure to close the gaps carefully
- Add very small amount of red makeup around the schkin
- Apply some coagulated blood to the wound entry, occasionally pulling it down for the natural flow of gravity
- Thin and thick blood can now be applied where needed

***Coach the patient to react with pain specific to the area, and possible shock depending on the severity.***

### **Broken bone**

- Use the directions for "Impale" above
- Insert the chicken bone in the appropriate area

***Coach the patient to react with pain specific to the area, and possible shock, depending on the severity.***

### **Evisceration**

- Use the direction for "Impale" above
- Place moist oatmeal and thick blood in a condom near the stomach
- Hold "impaled stomach" and condom, squeezing for effect

***Coach the patient to react with pain specific to the area, shock, fear, and knowledge of death.***

### **Heat stroke**

- Apply red makeup to face and hands

***Coach the patient to react as confused and panting for breath (Very hot, red, dry).***

### **Shock/Hypothermia/Drowning/Death**

- Pale their face and hands with white makeup
- Apply faded blue to lips, fingertips, ears

***Coach the patient to appear lifeless.***