

Moulage Recipes

"Schkin" – simulated skin:

In a large bowl, mix together (2) 13 oz. petroleum jelly, (3) 16 oz. solid cornstarch, 2-5 TBS cocoa powder (depending on color). You don't want it too sticky or too dry. You can start out mixing it with a spatula, but eventually will need to put on rubber gloves and get your hands in it to get it mixed all the way through. It is easier to clean up with paper towels, first, then try and wash your hands with soap and water.

Thin blood: Follow directions for "Heavy Starch" under "Easy directions" on box of Argo - Gloss Laundry Starch. (Be ready to store some of this, for the box directions make two plus quarts of liquid - it stores well at room temperature.) For each cup of liquid laundry starch, add 1 oz. (which is usually 1 bottle of red food color) and two drops of blue color. Stir well.

Medium blood: Corn syrup method: Most corn syrup comes in a 16 oz. bottle. Per 16 oz. of corn syrup, add scant tablespoon of red food coloring. Stir well in a bowl larger than three cups and add 16 drops of each blue and yellow food color. Cap the final solution (Best to pour by using a funnel in storage container). Lesson learned on use of this: careful of bees when using this...

Dish Soap Method: Using red dish-washing soap, add to each cup (8 oz.) 2 tablespoons of red food color and 2 drops of blue food color. There are close to 2 tablespoons in each bottle of red food color from Wal-Mart for about \$1. Lesson learned on use of this: not a good idea to use above the neck...

Thick blood: 16 oz can of Multi-Duty Complex: Hi-Temp Grease (available in hardware section). 16 drops of red food color and 16 drops of blue.

Sweat:

People in shock break into cold sweats, which should be simulated. To do this, combine three parts glycerin (available at drug stores) with one part water in a dropper or spray bottle. You can enhance the effect if you apply a thin layer of cold cream before you spray your mixture on the patient. You can also just use a cotton ball dipped into the mixture if you don't have a spray bottle.

Saliva & Sucking Chest Wounds:

Mix Alka-Seltzer in your mouth or crush it in a wound on the chest.

Vomit:

As unpleasant as it sounds, vomitus can easily be simulated with the use of instant flavored oatmeal, such as raisin and cinnamon oatmeal, or any flavored oatmeal with a small amount of water added. The substance of vomitus largely depends on the stomach content, but simulation can produce the general character.

Bile:

To simulate bile from an empty stomach, use a fine grain wheat cereal with a drop of yellow food coloring.

Red makeup:

Gently heat old red/red-like lipsticks and mix all together. Put in a container with cover.

Bruise:

Crumble old eye shadows together until like a fine powder. Use rouge brush to apply.