

FOCUSED (SECONDARY) ASSESSMENT – (FIND EVERYTHING ELSE)

- Gather a **Patient History** (SAMPLE questions)
- Take a full set of **Vital Signs** (HR, RR, LoR, SCTM)

HEAD	DOTS, cerebrospinal fluids, battle signs, raccoon eyes
NECK & THROAT	DOTS, spine-in-line (feel <u>each</u> vertebrae), jugular vein distension, tracheal deviation, medical alerts
CHEST	DOTS, sternum in one piece, deformed ribs, paradoxical movement, trouble breathing
ABDOMEN	DOTS, <i>Use a 2-handed roll to look for:</i> rigidity, point tenderness, grimacing, guarding
PELVIS	DOTS, togetherness (push once <u>down</u> and <u>in</u> to establish this), crepitus
LEGS & FEET	DOTS, CSM (check both feet <u>simultaneously</u> and compare)
ARMS & HANDS	DOTS, CSM (check both hands <u>simultaneously</u> and compare)
BACK	<u>Log-roll</u> & keep <u>spine-in-line</u> ; DOTS, palpate the <u>entire back</u> , buttocks, thighs, etc.

