



PATIENT ASSESSMENT SYSTEM

SCENE SIZE-UP

WHAT DO YOU SEE? ★ SCENE SAFETY ★ BSI ★ CONSIDER MOI ★ GENERAL IMPRESSION

WHAT DO YOU HAVE? ★ # OF PATIENTS ★ # OF RESCUERS ★ GEAR & RESOURCES ★ ENVIRONMENTAL CONCERNS

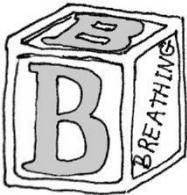
WHAT ARE YOU GOING TO DO? ★ RESPONSIVENESS ★ CONSENT ★ HOLD C-SPINE ★ MAKE A PLAN

PRIMARY (INITIAL) ASSESSMENT



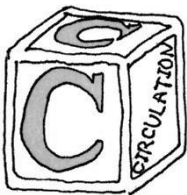
AIRWAY

- OPEN IT
 - ↳ SPINAL INJURY? **NO:** HEAD-TILT / CHIN-LIFT
 - YES:** JAW THRUST



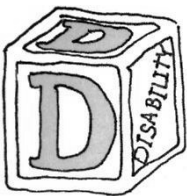
BREATHING

- CHECK FOR BREATHING (LOOK, LISTEN, FEEL)
- **NO BREATHING** → BEGIN CPR IMMEDIATELY



CIRCULATION

- CHECK **PULSE** (RADIAL AND/OR CAROTID) FOR BRIEF OVERVIEW/SHOCK
- **CHUNK CHECK** → CONTROL ALL **MAJOR** BLEEDING AS FOUND



DISABILITY (*DECIDE*)

- ASSESS LEVEL OF RESPONSIVENESS
- ASSESS EVACUATION POTENTIAL
 - ◆ STAY & PLAY
 - ◆ LOAD & GO
 - ◆ AWWW GEEZE!



EXPOSURE

- PROTECT PATIENT FROM ELEMENTS AND **INSULATE** FROM THE GROUND!
- **EXPOSE** AND **EXAMINE** ALL MAJOR INJURIES.

Alert & Oriented	1 Person	2 Place	3 Time	4 Thing
A & O x 4	██			
A & O x 3	██████████████████████████████████			
A & O x 2	██████████████████████████			
A & O x 1	██████████			
A & O x 0	█ patient is completely disoriented but speaking			

Verbal - Patient only barely acknowledges you (may look at you)

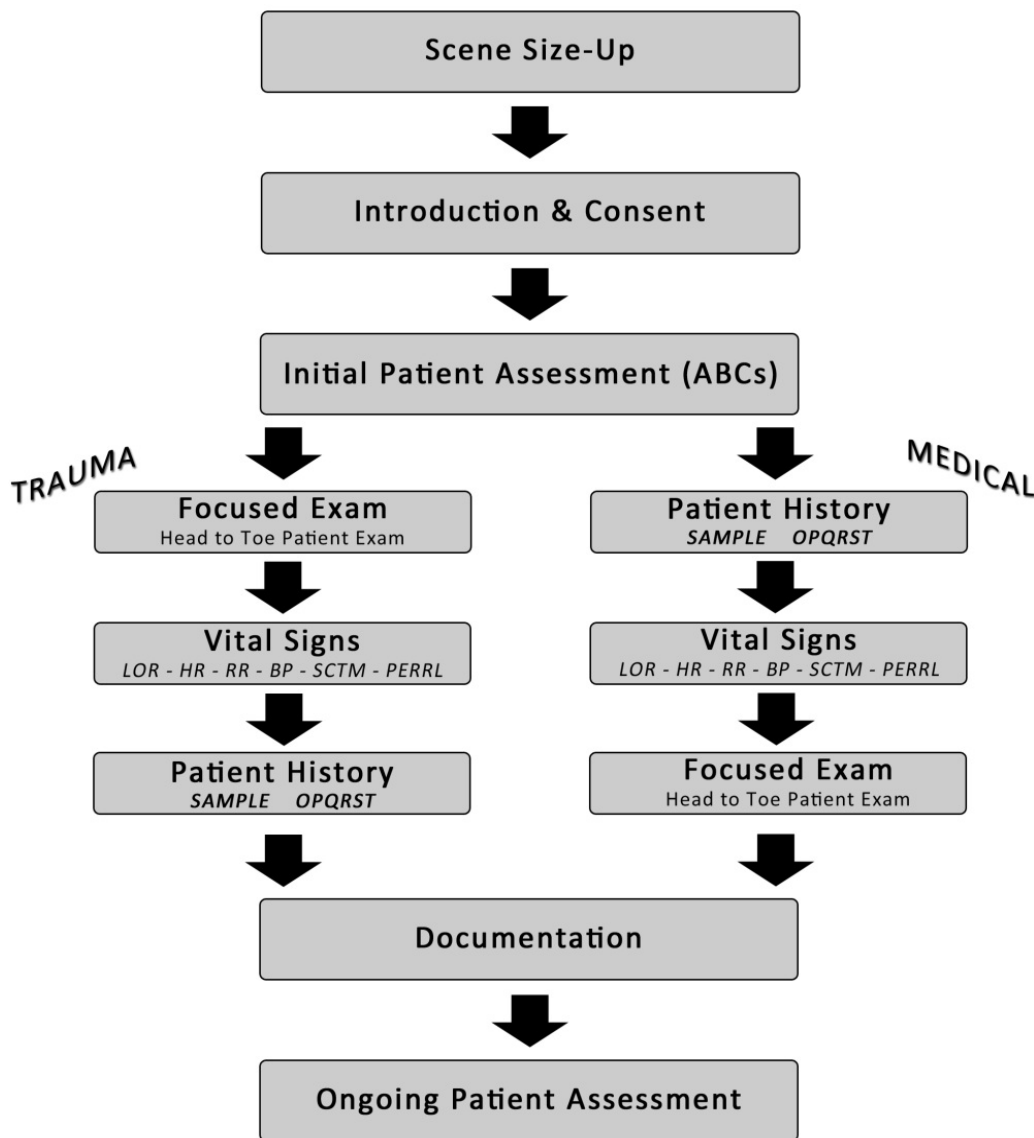
Pain - Patient only responds to painful stimuli (pinching them)

Unresponsive - Patient does not respond in any way.

FOCUSED (SECONDARY) ASSESSMENT – (FIND EVERYTHING ELSE)

- GATHER A **SAMPLE** PATIENT HISTORY AND ASK QUESTIONS ABOUT PAIN (**OPQRST**)
- TAKE A SET OF **VITAL SIGNS** (**WFA**: HR, RR, LOR, SCTM) (**WFR**: HR, RR + LS, LOR, SCTM, SpO₂, PERRL, T, BP)

HEAD	DOTS, CEREBROSPINAL FLUIDS (CSF), BATTLE SIGNS, RACCOON EYES, AIRWAY OBSTRUCTIONS, DYSPNEA
NECK/THROAT	DOTS, SPINE-IN-LINE, JUGULAR VEIN DISTENSION, TRACHEAL DEVIATION, MEDICAL ALERT JEWELRY
CHEST	DOTS, SHOULDERS, STERNUM IN ONE PIECE, DEFORMED RIBS, PARADOXICAL MOVEMENT
ABDOMEN	DOTS, <i>USE A 2-HANDED ROLL TO LOOK FOR</i> : RIGIDITY, POINT TENDERNESS, GRIMACING, GUARDING
PELVIS	DOTS, TOGETHERNESS (PUSH DOWN AND IN TO ESTABLISH THIS), CREPITUS
LEGS/ FEET	DOTS, CSM (CHECK BOTH FEET SIMULTANEOUSLY AND COMPARE BOTH FEET)
ARMS/ HANDS	DOTS, CSM (CHECK BOTH HANDS SIMULTANEOUSLY AND COMPARE BOTH HANDS)
BACK	<u>LOG-ROLL</u> & KEEP <u>SPINE-IN-LINE</u> ; D-O-T-S, PALPATE THE <u>ENTIRE BACK</u> , BUTTOCKS, THIGHS, ETC.



SIGNS & SYMPTOMS
ALLERGIES
MEDICATIONS
PERTINENT HISTORY
LAST IN'S & OUTS
EVENTS LEADING UP

DEFORMITIES
OPEN WOUNDS
TENDERNESS
SWELLING

CIRCULATION
SENSATION
MOVEMENT

SUGAR
TEMPERATURE
OXYGEN
PRESSURE
ELECTRICITY
ALTIUDE
TOXINS
SALT